

CLEANING

checklist



DAILY

- | | |
|---|--|
| ☐ MAKE BEDS | ☐ QUICK VACUUM/SWEEP OF KITCHEN |
| ☐ DISHES | FLOORS OR ANY VISIBLE MESS |
| ☐ ONE LOAD OF LAUNDRY | ☐ QUICK BATHROOM CHECK- |
| ☐ KITCHEN COUNTERS + SINK | COUNTERTOPS/MIRRORS |
| ☐ TIDY/PICK UP LIVING AREA | |

WEEKLY

MONDAY: KITCHEN - MOP FLOORS, FRIDGE WIPE, WIPE CABINET DOORS

TUESDAY: BATHROOMS - CLEAN TOILETS, SINKS, TUBS/SHOWERS

WEDNESDAY: LIVING ROOM - VACUUM/HARDWOODS, DUST SURFACES

THURSDAY: BEDROOMS, DINING ROOM - DUST SURFACES, CLEAN FLOORS

FRIDAY: LAUNDRY ROOM, OFFICE + FLOORS IN HIGH-TRAFFIC AREAS (STAIRS/MUDROOM)

SATURDAY: REST

SUNDAY: RESET - FRESH SHEETS FOR THE WEEK

MONTHLY

- | | |
|--|---|
| ☐ BASEBOARDS | ☐ CLEAN INSIDE DRAWERS |
| ☐ WINDOWS, DOORS, LIGHTSWITCHES | ☐ WASH PILLOWS & THROW BLANKETS |
| ☐ FRIDGE & FREEZER | ☐ CLEAN KITCHEN STOOLS & DINING CHAIRS |
| ☐ PET BEDDING & GIVE PUP A BATH | ☐ WASH BATH RUGS |
| ☐ DEEP CLEAN APPLIANCES- OVEN, STOVE,
COFFEE POT | ☐ DUST FANS & LIGHT FIXTURES |